

# BASIC Care

## Screening package contents:

- Internal medicine overview examination
- Resting ECG examination
- Advanced laboratory test package
- Chest X-ray
- Abdominal and abdominal pelvic ultrasound



## Description:

With the help of our health screening package, you can get an overall report on your body's condition, including the internal organs in the abdomen.

During the screening, our internal medicine specialist carefully reviews the personal and family medical history, providing a summarized specialist's report at the end, including recommendations to subsequent examinations and treatments, if necessary.

## Mix and match freely!

Each of our screening packages can be expanded by any number of other examinations. You will receive a **10% discount** from the listed price of the examinations booked within 5 working days from receiving the findings.

## Who is it recommended for?

- anyone concerned about staying healthy, and prevention
- in case there are complaints

## Important information regarding the examinations:

- Arrival to the examinations: on an empty stomach
- Duration: 30 minutes
- Recommended frequency: annually
- Age restriction: no age restriction
- For women and men
- **If you come to an examination before noon:**
  - drinking 3–4 dl of still water is recommended.
  - Please do not consume solid foods 5–6 hours before the examination.

- If it is necessary due to your condition, please choose a light meal, e.g. a plain bun or roll with still water.
- Abdominal ultrasounds are carried out on an empty stomach, but please drink at least 3–4 dl of still water before the examination.
- Abdominal ultrasounds are carried out with a full bladder, as the image of the abdominal pelvis is clearer that way.
- If you eat too much before the examination, the gallbladder may not be visible, or only partially.
- If you have your medical history, earlier findings available, please bring them with you to the examination.
- Drinking coffee and smoking are not recommended on the morning of the examination.

- **If you come to an examination in the afternoon:**

- Please do not consume solid foods 5–6 hours before the examination.
- If it is necessary due to your condition, please choose a light meal, e.g. a plain bun or roll with still water.
- Abdominal ultrasounds are carried out with a full bladder, as the image of the abdominal pelvis is clearer that way.
- If you eat too much before the examination, the gallbladder may not be visible, or only partially.
- If you have your medical history, earlier findings available, please bring them with you to the examination.
- Drinking coffee and smoking are not recommended on the morning of the examination.

	START HEALTH CHECK	BASIC CARE	ADVANCED FOCUS	EXTRA SECURITY
<b>LABORATORY EXAMINATIONS</b>				
COMMON LAB TEST *	✓	✓	✓	✓
ADVANCED LAB TEST **		✓	✓	✓
TUMOR MARKER EXAMINATION ***				✓
<b>DIAGNOSTIC IMAGING</b>				
CHEST X-RAY	✓	✓	✓	✓
ABDOMINAL AND ABDOMINAL PELVIC ULTRASOUND		✓	✓	✓
THYROID ULTRASOUND				✓
HEART ULTRASOUND				✓
<b>SPECIALIST EXAMINATIONS</b>				
INTERNAL MEDICINE	✓	✓	✓	✓
RESTING ECG	✓	✓	✓	✓
STRESS TEST				✓
OPHTHALMOLOGY			✓	✓
GYNECOLOGY / UROLOGY			✓	✓
CARDIOLOGY			✓	✓
DERMATOLOGY (WITH MELANOMA SCREENING)				✓
ENT				✓
ORTHOPEDECS				✓
SCREENING HEALTH REPORT	✓	✓	✓	✓
<b>EXPECTED DURATION</b>	<b>1 HOUR</b>	<b>2 HOURS</b>	<b>3 HOURS</b>	<b>6 HOURS</b>
	START	BASIC	ADVANCED	EXTRA
<b>HEALTH CENTER RESPONSIBLE FOR SCREENING</b>				

\***Common lab test** - qualitative and quantitative blood test, erythrocyte sedimentation rate, blood sugar, cholesterol

\*\***Advanced lab test** - qualitative and quantitative blood test, erythrocyte sedimentation rate, TSH, LDL, HDL and total cholesterol, triglyceride, urea, creatinine, GOT, GPT, Gamma GT, alkaline phosphatase, bilirubin, sodium, potassium, magnesium, total protein, CRP, iron, ferritin, transferrin, albumin, iron, uric acid and urine test: complete urine and sediment

\*\*\***Tumour marker examination (male)** - PSA, CA-19-9, CEA  
**Tumour marker examination (female)** - CA-19-9, CEA, CA 125, CA 15-3

## SCREENING LOCATION

### Doktor24 Cityzen Egészségközpont



**Address:** 1134 Budapest, Váci út 37., I. emelet

**Directions:** bus – 15, 115; tram – 1; subway – M3; trolley: 75,79.

#### Parking

You can find many parking spots in the area; all of them can be perused for a fee. There are several parking meters on the streets nearby.

### Doktor24 Multiklinika



**Address:** 1112 Budapest, One, Koszorúslány utca 1, "A" ép., 3. emelet

### Directions

The Doktor24 Multiklinika can be found directly next to Kelenföld railway station and bus station, thus it is easily reachable by all means of public transport with Kelenföld as their final station.

- Bus: 8E, 40, 40B, 40E, 53, 58, 87, 88, 88A, 101B, 101E, 103, 108E, 141, 150, 153, 154, 172, 173, 187, 188, 188E, 250, 250B, 251, 251A, 272
- Tram: 1, 19, 49
- Subway: 4

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You can find many parking spots in the area; all of them can be perused for a fee.

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**For more information, to cancel or change the time of appointments,** please contact us: **+36 1 443 3200** or via email at: [ugyfelszolgalat@doktor24.hu](mailto:ugyfelszolgalat@doktor24.hu).

Best regards,

**The Doktor24 Group**