

EXTRA Security

Screening package contents:

- Internal medicine overview examination
- Resting ECG examination and stress test
- Advanced laboratory test package
- Chest X-ray
- Abdominal and abdominal pelvic ultrasound
- For women – gynaecologic specialist examination
- For men – urologic specialist examination
- Ophthalmologic specialist examination
- Cardiology consultation
- Heart ultrasound
- Thyroid ultrasound
- Carotid ultrasound examination
- Dermatologic specialist examination with melanoma screening
- ENT examination
- Tumour marker examination

Description:

With our highest level screening package, you will get the most extensive information on what lifestyle choices you should pay more attention to, and whether you have problems that require medical attention. Besides the more detailed examination of the heart and the thyroids, we carefully pay attention to the extremities and the skin.

Our specialists also carefully review your personal and family medical history, providing a summarized specialist's report at the end, including recommendations to subsequent examinations and treatments, if necessary.

Mix and match freely!

Each of our screening packages can be expanded by any number of other examinations. You will receive a **10% discount** from the listed price of the examinations booked within 5 working days from receiving the findings.



Who is it recommended for?

- people with a busy and stressful lifestyle who find it important to retain their health
- annually above 40 years of age








Important information regarding the examinations:

- Arrival to the examinations: on an empty stomach
- Duration: 120 minutes
- Recommended frequency: annually
- Age restriction: above 40
- For women and men
- **If you come to an examination before noon:**
 - drinking 3–4 dl of still water is recommended.
 - Please do not consume solid foods 5–6 hours before the examination.
 - If it is necessary due to your condition, please choose a light meal, e.g. a plain bun or roll with still water.
 - Abdominal ultrasounds are carried out on an empty stomach, but please drink at least 3–4 dl of still water before the examination.
 - Abdominal ultrasounds are carried out with a full bladder, as the image of the abdominal pelvis is clearer that way.
 - If you eat too much before the examination, the gallbladder may not be visible, or only partially.
 - Your reading and distance glasses will be required for your ophthalmologic examination. If you wear contact lenses, please remove them before the ophthalmologic examination.
 - **Important information:** If you take beta blocker medicine (active agents: metoprolol, bisoprolol, nebivolol, betaxolol, pindolol) for your high blood pressure or high heart rate, please do not take it in the morning of the examination, but please bring them with you.
 - If you take blood pressure lowering medication, please take it on the day of the examination.
 - The stress test takes place on an exercise bike or a treadmill, so it is recommended to wear sweatpants and a pair of indoor sports shoes with clean soles, as well as using a towel.

- Should you have a fever, it is not recommended for you to take part in the program.
- If you have your medical history, earlier findings available, please bring them with you to the examination.
- Drinking coffee and smoking are not recommended on the morning of the examination.

- **If you come to an examination in the afternoon:**

- Please do not consume solid foods 5–6 hours before the examination.
- If it is necessary due to your condition, please choose a light meal, e.g. a plain bun or roll with still water.
- Abdominal ultrasounds are carried out with a full bladder, as the image of the abdominal pelvis is clearer that way.
- If you eat too much before the examination, the gallbladder may not be visible, or only partially.
- Your reading and distance glasses will be required for your ophthalmologic examination. If you wear contact lenses, please remove them before the ophthalmologic examination.
- **Important information:** If you take beta blocker medicine (active agents: metoprolol, bisoprolol, nebivolol, betaxolol, pindolol) for your high blood pressure or high heart rate, please do not take it in the morning of the examination, but please bring them with you.
- If you take blood pressure lowering medication, please take it on the day of the examination.
- The stress test takes place on an exercise bike or a treadmill, so it is recommended to wear sweatpants and a pair of indoor sports shoes with clean soles, as well as using a towel.
- Should you have a fever, it is not recommended for you to take part in the program.
- If you have your medical history, earlier findings available, please bring them with you to the examination.
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	START HEALTH CHECK	BASIC CARE	ADVANCED FOCUS	EXTRA SECURITY
LABORATORY EXAMINATIONS				
COMMON LAB TEST *	✓	✓	✓	✓
ADVANCED LAB TEST **		✓	✓	✓
TUMOR MARKER EXAMINATION ***				✓
DIAGNOSTIC IMAGING				
CHEST X-RAY	✓	✓	✓	✓
ABDOMINAL AND ABDOMINAL PELVIC ULTRASOUND		✓	✓	✓
THYROID ULTRASOUND				✓
HEART ULTRASOUND				✓
SPECIALIST EXAMINATIONS				
INTERNAL MEDICINE	✓	✓	✓	✓
RESTING ECG	✓	✓	✓	✓
STRESS TEST				✓
OPHTHALMOLOGY			✓	✓
GYNECOLOGY / UROLOGY			✓	✓
CARDIOLOGY			✓	✓
DERMATOLOGY (WITH MELANOMA SCREENING)				✓
ENT				✓
ORTHOPEDICS				✓
SCREENING HEALTH REPORT	✓	✓	✓	✓
EXPECTED DURATION	1 HOUR	2 HOURS	3 HOURS	6 HOURS
	START	BASIC	ADVANCED	EXTRA
HEALTH CENTER RESPONSIBLE FOR SCREENING				
				

***Common lab test** - qualitative and quantitative blood test, erythrocyte sedimentation rate, blood sugar, cholesterol

****Advanced lab test** - qualitative and quantitative blood test, erythrocyte sedimentation rate, TSH, LDL, HDL and total cholesterol, triglyceride, urea, creatinine, GOT, GPT, Gamma GT, alkaline phosphatase, bilirubin, sodium, potassium, magnesium, total protein, CRP, iron, ferritin, transferrin, albumin, iron, uric acid and urine test: complete urine and sediment

*****Tumour marker examination (male)** - PSA, CA-19-9, CEA
Tumour marker examination (female) - CA-19-9, CEA, CA 125, CA 15-3

SCREENING LOCATION

Doktor24 Cityzen Egészségközpont



Address: 1134 Budapest, Váci út 37., I. emelet

Directions: bus – 15, 115; tram – 1; subway – M3; trolley: 75,79.

Parking

You can find many parking spots in the area; all of them can be perused for a fee. There are several parking meters on the streets nearby.

For more information, to cancel or change the time of appointments, please contact us: **+36 1 443 3200** or via email at: ugyfelszolgalat@doktor24.hu.

Best regards,

The Doktor24 Group